

THE FIVE ELEMENTS

ELEMENT	FIRE	WATER	EARTH	METAL	WOOD
SYMBOL	火	水	土	金	木
BAGUA	Fame & Reputation	Career	Love & Marriage Center Knowledge & Self-Cultivation	Creativity & Children Travel & Helpful People	Wealth & Prosperity Family & Health
Direction	SOUTH	NORTH	CENTER	WEST	EAST
Energy	Lots of Activity, honor, warmth, happiness, energy, & enthusiasm.	Free-flowing, stillness, inner self, nurtures, supports, intuitive, flexible, & adaptable.	Gathering things, fairness, instinct, loyal, steady, patient, dependable, & responsible.	Mental processes, communication, brilliant ideas, justice, independent, strong, & intuitive.	New beginnings, expansive, nurturing, versatile, growth, & new life.
Environment	Lamps, lighting, incense holders, candles, shells, starfish, fireplaces, electricity, & electrical equipment.	Aquariums, fish tanks, fountains, mirrors, glass, rivers, streams, ponds, & lakes.	Soil, wide, low furniture.	Anything made out of metal, metal objects, coins, & clocks.	Trees & Plants, doors, wooden furniture, art & Accessories. Decking & paper.
Fabrics Materials	Silk, synthetics, animal products (leather, fur), a wool area rug.	See-thru and shimmering fabrics. Crystal accessories. Glass & mirrors,	Stone (jewelry), ceramics, pottery, tile, brick, stucco, terracotta, rocks & cement.	metal (jewelry), quartz crystals, jewels, & stones.	Cotton, rayon, linen floral fabrics & wall coverings.
Bagua	Fame & Reputation	Career or Journey	Center	Creativity & Children	Health & Family
Virtues	Humor, reason, gentleness, big-hearted, inspire others to follow, natural leaders, fair, considerate, honorable.	Confidence, courage, travel, willpower, sensitive to the moods of others, will lend an ear. Artistic, sociable, sympathetic, knowledge & communication.	Honesty, sympathy, wisdom, consideration, practical & persevering. Possess inner strength, stability, reliability, & common sense.	Righteousness, happiness, security, wholeness, mental clarity, determination, concentration, perseverance, & good organizers.	Patience, benevolence, endurance, artistic, enthusiastic, loyalty, creative & strong family ties.
Excess	Anger, impulsive, passion & excitement, turns to panic & stress. Exploit others & have little thought of their feelings. Critical, foul-mouth & resentful.	Passiveness, inconsistency, lack of form & not enough structure.	Obsessional, nit-picking & over-demanding.	Rigidity, brittleness, inability to compromise or change course, shaped-tongued, cold, & emotional isolation.	Anger, overwhelmed, over-expanded, & impatient.

THE FIVE ELEMENTS

ELEMENT	FIRE	WATER	EARTH	METAL	WOOD
SYMBOL	火	水	土	金	木
BAGUA	Fame & Reputation	Career	Love & Marriage Center Knowledge & Self- Cultivation	Creativity & Children Travel & Helpful People	Wealth & Prosperity Family & Health
Too little	Lack of enthusiasm, no warmth, darkness & emotionally chilly.	Anxiety, inability to handle stress, need to dominate, lack of flow & connection to spirit.	Weak, indecisive, procrastination, dullness, lack of clarity, determination, & focus.	Weakness, indecisiveness, Procrastination, dullness, & lack of backbone.	Not growing, not tapping into intuition, fearful of next steps, & staying small.
Balanced Emotions	Warm, life giving, dynamic, motivational, ambitious, & assertive.	Quietness, synchronicity, forgiveness, & trusting in a higher order.	Fertility, organized, practicality, sensuality, stability, & physical material substance.	Clarity, concentration, determination, wittiness, & brilliance.	Inner guidance, expansiveness, new growth, & open-mindedness.
Nourish	Wood	Metal	Fire	Earth	Water
Color:	Red	Dark colors, Black & dark blue	yellow, gold, orange, brown, earth tones	silver, gold, copper, jewel tones, white, gray & pastels	greens & aqua's
Textures Patterns	Animal designs and patterns. A geometric, Angular print fabric. Rough, highly textured.	Water features, crystal, paisley, tie-dye fabrics. Inconsistent surface.	Checkered patterns, bulky & flat-topped furniture, or accessories. Solid, thick to the touch.	Polka dots fabrics. Smooth to the touch.	Stripes, leaf, flower & organic designs, Grainy or prickly.
Shapes	Geometric, triangular, pointed angular shapes, pyramid, & conical shapes.	Irregular and wavy shapes & meandering patterns.	Squares & rectangles	Semi-circles, dome-shaped, round, circular, ovals, & arches.	columnar
Art Sculpture	Sunrises, sunflowers, geometric abstracts, Artwork with red as the predominant color.	Depiction of any body of water, an indoor running water sculpture. Sconces with glass shades.	Desert and landscapes. Earth sculptures & clay figures.	Metal sculpture, Metal decorative ornaments, bronze door knobs, & a metal picture frame.	Pictures of trees, forest, flowers. Trees & stalks of plants. Fresh flowers and plants. Landscapes.
Landscape Buildings	Steeply pointed roofs, Church steeples, & sharp mountain peaks.	Curved path & wavy hedges. Irregular shaped plateau.	Flat rolling hills, flat roofed buildings, plateaus. Long & low buildings.	A gently rounded hill. Circular, lawn, or driveway.	Tall & thin buildings. Steep straight hills with a rounded top.
Additions	get motivated	Mind focus & sensitivity	stability	financial growth, money	creativity