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Feng Shui

Feng Shui is an ancient system of knowledge developed in China a few thousand years ago.

What is Feng Shui?

How can we make our homes both aesthetic and energetically balanced?

The Power of Crystals

By Michelle Luongo

In Feng Shui, crystals are considered a powerful Feng Shui cure and are used to improve the energy flow in various areas of your environment.

Feng Shui home

How to apply Feng Shui in your home

Chi Energy

Just like the blood flows in our veins carries oxygen and nutrients and therefore responsible for our physical

The Power of Crystals

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In Feng Shui, crystals are considered a powerful Feng Shui cure and are used to improve the energy flow in various areas of your environment. They are also used in protecting you against negative energy, inspiring intuition, and smoothing the flow of chi.

The knowledge of crystals is ancient, and has been around since at least 400 BC and has been used over the centuries for a countless of purposes, from healing to protection to decoration. They are used in Feng Shui in a variety of ways, all with one single goal – to create positive energy in your home.

The first step is to choose the right crystal. Completely round crystals are better than prism or geometric shapes, since each facet allows the chi to travel equally around the sphere and into the entire room, reflecting light in different directions. The size of the crystal you select depends on the size of the concern and the amount of energy you are trying to transform. A faceted crystal ball tied with a nine inch red string is potent enough to maneuver and enhance chi wherever it is placed. Red is the most auspicious and powerful color in Feng Shui. Nine is an auspicious number in Feng Shui, as it symbolizes maximum





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The Power of Crystals

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Upon acquiring a new crystal, it's best to cleanse them to make them more receptive to their new owner. Crystals should also be cleansed regularly and treated with respect. Proper cleansing of a crystal means helping the crystal release negative energy that the stone has collected from the past. There are many methods for cleansing crystals, some more elaborate than others. A tried and true method is to hold your crystal under a stream of warm, clear running water. Submerge them in an earthen container with several teaspoons of sea salt. Rinse and wipe with a soft cloth.

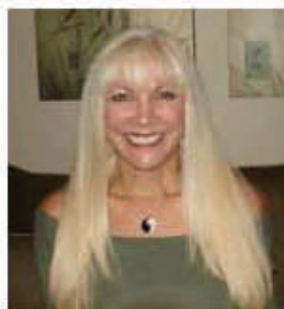
A home that is beautified with crystals will ultimately benefit from powerful earth energies. Ideas for placement are in a window to reflect light and to bring in the positive flow of energy. Fast-moving energy such as in a long hallway can promote a stressful environment. A clear crystal hung halfway down the hallway will slow the energy down. Hang crystals at chi entry points where you sense "poison arrows" from sharp edges directed at you from corners of buildings, poles, lamp posts or signs.

Positioning crystals in strategic places in your home can provide energy where you most need it. If you have your back door directly opposite your front door, positive energy is likely escaping. Place a clear crystal half way between the two doors. When a front door directly faces a staircase, the result is an overwhelming rush of chi into a location, then straight up the stairs. Rushing chi can drain personal energy and financial prosperity. It's a good Feng Shui practice to strategically hang a crystal from the ceiling somewhere between the bottom step and the front door.

If your bathroom is situated over the kitchen, the water energy of the bathroom extinguishes the hearth's fire energy and floods the entire kitchen with negative energy. Both health and

prosperity could be potentially damaged. Hang a faceted crystal in the center of the bathroom. When a stove and sink are opposite each other or too close to each other, it can create arguments, as water puts out fire. Hang a faceted crystal ball from the ceiling in between the two fixtures.

And finally, for 2009, we have the 8 Earth Prosperity star flying into the southeast. Hang your crystal in a window in the southeast of your home or office to tap into this auspicious energy.




Michelle Luongo is a recognized Feng Shui consultant, author, lecturer, and instructor as well as the owner and founder of Balanced Living, Inc., her consulting practice. She is recognized for blending real-life situations with Feng Shui knowledge while offering real solutions on a wide range of projects from residential properties to mid-sized businesses.

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